

THE PODIUM

Bar & Kitchen

Menu

FRESHLY

PREPARED

PODIUM

Food

OUR DISHES ARE MADE FROM FRESH, SEASONAL PRODUCE AND LOCALLY SOURCED WHEREVER POSSIBLE.

TO START THE DAY

Bloomer bread toast – white or brown £1.95
served with butter (v)

Selection of warm home baked pastries and croissants (v) from £1.85

Why not add a pot of preserve to your toast or croissant - £1.00

Bacon sandwich – sweet cured back bacon served in crusty bloomer bread £3.50

Sausage sandwich – oven roasted prime Cumberland sausage served in bloomer bread £3.50

Eggs benedict – toasted English muffin with hand sliced gammon, soft poached free range egg, and a creamy homemade hollandaise sauce £6.50

Chef's special vegetarian benedict – £6.50
toasted English muffin with sautéed spinach and smashed avocado, soft poached free range egg, and a creamy homemade hollandaise sauce (v)



SMALL PLATES

AN EXPLOSION OF FLAVOURS, PERFECT FOR SHARING WITH FRIENDS & FAMILY OR JUST ENJOYED AS A SMALLER OFFER.

Trio of flavoured hummus – pepper, beetroot and sweet potato, served with crisp, warm pitta bread (v)(veg) £5.50

Fish sliders – chunks of pane cod with shredded gem lettuce leaves and tartar sauce in a soft bun £6.50

Burger sliders – homemade trio of burgers – beef, BBQ pulled pork and chicken, served in a soft bun with a sweet tomato chutney & apple coleslaw £7.95

Ham hash – a potato, ham & herb cake served with a soft poached free range egg, and a creamy homemade hollandaise sauce (gf) £5.95

Veggie hash – a potato, savoy cabbage & herb cake served with a soft poached free range egg, and a creamy homemade hollandaise sauce (v) (gf) £5.95

Mini Cumberland sausages – served with a sweet tomato sauce and rustic fries £5.95

Rustic fries (v) £2.70

Side salad – mixed leaves, tomato and cucumber (veg) £3.50

Vegetarian soup of the day – homemade and served with a toasted tiger bread baguette (v) £5.00

(v) Suitable for vegetarians. (veg) Suitable for vegans. (gf) Gluten free. Fish dishes may contain small bones.

If you require further information on ingredients which may cause allergy or intolerance, please speak to your server before you order your meal. If you do have a food allergy, it will be helpful to us if you could inform staff so we can ensure that the dish you select is not at risk of cross contamination by other foods during its preparation and service.

All our food is cooked in-house to order – many dishes can be easily adapted to meet dietary requirements. Please ask a member of our team for any further ingredient or allergen information.

**PLEASE SEE OUR DAILY SPECIALS BOARD FOR
FURTHER MOUTH WATERING MENU OPTIONS**

HOT SANDWICHES

Croque Monsieur – toasted white bloomer £6.50
with béchamel sauce, layers of hand
sliced gammon and melted cheddar cheese

Fish finger wrap – pane cod fish fingers, £7.50
with shredded gem leaves, tartar sauce
served in a chargrilled wrap

Steak sandwich – a chargrilled 4oz sirloin £8.50
steak, cooked to your liking and served in a
tiger bread baguette with garlic mayonnaise

Cajun flatbread – Cajun marinated £7.50
chicken breast, served on shredded red
cabbage, cucumber and carrots with
mint yoghurt dressing

Honey roast vegetable flatbread – £7.50
warm flatbread served with honey and
rosemary sweet potato and celeriac chunks,
with rocket, shredded carrot, spring onion
and a ginger & peanut dressing (v)

Add your choice of rustic fries, mixed side salad, or
a mug of our soup of the day - £2.50

LARGE PLATES

Homemade roast Scottish salmon £8.95
& **dill fish cakes** – zesty hollandaise sauce
and served with side salad or rustic fries
Childs portion available - £4.50

Individual homemade cottage pie – £8.95
buttered peas and red wine gravy (gf)

Pork belly – slow roasted in crushed £7.95
garlic, soy sauce, ginger, red chillies and
onions served with savoy cabbage and
roasted sweet potatoes
Childs portion available - £4.50

Chargrilled thyme & garlic vegetable £7.95
tartlet – field mushroom duxelles and
a spicy tomato & thyme sauce (v)

Beer battered fish – chunky chips, £12.50
minted mushy peas and homemade
tartar sauce

Flash fried, mixed wild mushrooms £7.50
& **white cabbage spring roll** – sweet
red chilli pickle and a cucumber salad (v)

**THANK
YOU**

FOR YOUR CUSTOM

Child friendly half portions are available on some
of our larger plate selections, please ask a member
of staff for further options.

We welcome your feedback on our food and service, please use a comment card or speak to a member of our team.

We are happy to cater for groups and celebrations. For more information or to book, call 0333 800 8099.

Drinks

WHITE WINE & SPARKLING

	175ml	250ml	Bottle
Signum Bianco Salento, Italy	£4.90	£6.00	£19.00
Quebradas, Sauvignon Blanc Central Valley, Chile	£5.70	£7.00	£21.95
Indesio, Pinot Grigio IGT delle Venezie, Italy	£5.70	£7.00	£24.00
Riebeek Cellars, Sauvignon Blanc Swartland, South Africa	£6.20	£7.50	£24.00
Klippenkop, Chenin Blanc Robertson, South Africa	£6.50	£8.00	£25.50
Touraine, Sauvignon Domaine de Marce, France	£6.50	£8.00	£25.50
Arcobello, Prosecco Italy, NV	£6.00 (125ml)		£29.00
Rodier Pere et Fils, Brut Reserve Champagne, France, NV	£9.00 (125ml)		£49.00

ROSÉ WINE

Riebeek Cellars, Pinotage Rose Swartland, South Africa	£6.20	£7.50	£24.00
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RED WINE

Signum Rosso Salento, Italy	£4.90	£6.00	£19.00
The Landings, Shiraz-Cabernet Sauvignon S.E Australia	£5.40	£6.80	£21.50
Tantehue, Merlot Maipo Valley, Chile	£5.70	£7.00	£21.95
Valdevina, Malbec Argentina	£5.90	£7.50	£23.00
Riebeek Cellars, Pinotage Swartland, South Africa	£5.90	£7.50	£23.00
De Chansac Carignan, Old Vines IGP de l'Herault, France	£6.50	£7.50	£25.95

DRAUGHT & BOTTLES

	Half	Pint
Carlsberg	£2.60	£5.00
Peroni	£3.00	£5.40
London Pride	£2.90	£5.00
Guinness	£3.00	£5.50
Cornish Orchards Cider	£2.60	£5.00
Corona 330ml	£4.80	
Beck's 275ml	£4.60	
San Miguel 330ml	£4.70	
Bulmers Original 568ml	£5.50	
Bulmers Pear 568ml	£5.50	

SOFT DRINKS

Still/Sparkling Water 330ml	£2.00
San Pellegrino Limonata/ Aranciata 330ml	£2.00
Coca Cola/Diet Coke 330ml	£2.00
Red Bull 250ml	£3.50
Appletiser 275ml	£3.00
Ginger Beer 330ml	£2.00

HOT DRINKS

	Single	Double
Espresso	£1.60	£1.95
Macchiato	£1.70	£2.00
	8oz	12oz
Americano	£2.20	£2.40
Cappuccino	£2.30	£3.00
Latte	£2.30	£3.00
Hot Chocolate	£2.65	£2.90
Mocha	£2.65	£3.20
English Breakfast Tea	£2.00	
Speciality Tea	£2.00	
Babyccino	£0.80	